



SAMPLE ITINERARY



Arrival at 10.00am

Welcome & Introduction

Morning Activities

Tug-of-War

Ready Steady Cook Challenge

Archery

Low Ropes Assault Course

Lunch

Afternoon Activities

Team games on 12 metre high ropes course:

- 'Jacobs Ladder'
- 'Leap of Faith'
- 'High All Aboard'
- Crate Challenge

